



CITY OF FORT LAUDERDALE SWIM LESSON GUIDELINES



Make-Up Policy: In an effort to ensure our class prices remain as affordable as possible, we cannot offer makeup lessons for any reason. This will also prevent your scheduled class from being disrupted to adjust to new swimmers. This policy supports our current program design focused on building relationships between the teacher and the students. Because makeups due to vacation or illness cannot be arranged, there is no need to report absences.

Class Cancellation Policy: If a class is cancelled in the first few weeks of the session, time will be added to the remaining classes to make up for missed time. If the cancellation occurs late in the session and make-up time cannot be added, a credit may be applied to the household at the participants request. ***CREDITS CANNOT BE ISSUED FOR CLASSES AT MAKE-A-SPLASH GRANT RECIPIENT FACILITIES (Lauderdale Manors).**

Swim Lesson Credit Policy: Requests for credits must be made one week prior to the start of class. Once classes have started, credits may be given which can be used for future registration, only if the requirements below are met. If you/your child miss 3 or more consecutive lessons due to illness you may apply for a credit. To apply for a credit please provide both of the following:

1. Letter / email outlining reason for application and number of lessons missed.
2. Doctor's note indicating dates of illness.

****Requests for credits any other reasons will not be approved. Applications for credits due to illness must be submitted within 10 days from the last class of the session.***

Transfers to a new day/time/session: Transfers are permitted the first class of each session. All transfers must be finalized by the second class of each session. Transfers after the second class will not be permitted to ensure accurate class listings for attendance purposes and to ensure consistency with class participants.

Online Registration: Online registration is available for all current participants who have previously registered in person at City of Fort Lauderdale Parks & Recreation facility.

1. Log onto www.fortlauderdale.gov/webreg
2. As a default, your username should be your Household ID #, and the password should be your last name in all CAPS. This information can be found at the top right corner of your activity registration receipt.
3. If you do not have access to your Household ID, or you changed your password and have lost or forgotten it, you may contact the Registration Office at (954) 828-4589 to retrieve it.
4. Enter desired filters (type, age, and location) to search for classes. Please note that if the current session is still in progress, new classes will appear below all of the current classes.

Resident Registration Requirements: Photo identification stating his/her residence within City boundaries and address verification via city GIS system.

Youth Enrichment Scholarship (Y.E.S.) Registration Requirements: Must be a City resident and provide one of the following: Free and Reduced School Lunch Letter (available by calling 754-321-0250), TCA Approval Letter, Food Stamp Approval Letter, Medicaid Approval Letter (available at myflorida.com/accessflorida).

Should you have any questions, a deck administrator will be available during each of your classes.

www.fortlauderdale.gov/aquatics

LEVEL GUIDELINES

Parent Toddler: Infant Water Orientation. Ages 6 months-3 years. Parent accompanies child in the water.

Goals: Comfort in water, safety skills, submersion of full head/face underwater, increased submersion with safe recovery, minimal parent assistance, safety skills, independent water entry and return to the wall.

Level 1: Introduction to Water Skills. Ages 3 years and older.

Goals: Basic breath control, kicking on front and back independently, basic front crawl breathing independently, elementary backstroke, simultaneous arm motion, and surface dives.

Level 2: Fundamental Aquatic Skills. Ages 3 years and older. Swim test required. Must be able to swim 40 feet on front and back independently.

Goals: Increased breath control, front crawl with rotary breathing, back crawl, treading water, dolphin kick, and changing direction in the water.

Level 3: Stroke Development. Ages 4 years and older. Swim test required. Must be able to swim 25 yards on back and on front with rotary breathing.

Goals: Refine front crawl, back crawl, and dolphin kick. Introduce breast stroke kick on back. Kneeling and compact dives.

Level 4: Advanced Stroke Development. Ages 4 years and older. Swim test required. Must be able to swim 25 yards on front with rotary breathing, 25 yards on back with correct arm position, and 15 yards dolphin kick.

Goals: Refine front crawl, back crawl, and dolphin kick. Combine breaststroke arms and legs, introduce butterfly, standing and stride dives, open turns.

Adult Level 1: Ages 13 years and older. No swim test required. Beginner class-no skill requirement prior to registration.

Adult Level 2: Ages 13 years and older. Swim test required. Must be able to swim 25 yds on front and back independently.

CONTACT INFORMATION

Bass Park Pool

2750 N.W. 19th Street
(954) 828-8498

Fort Lauderdale Aquatic Complex

501 Seabreeze Blvd.
(954) 828-4580

Carter Park Pool

1450 W. Sunrise Blvd
(954) 828-5470

Lauderdale Manors Pool

1340 Chateau Park Drive
(954) 828-5412

Croissant Park Pool

245 W. Park Drive
(954) 828-6156

Riverland Park Pool

950 S.W. 27th Ave
(954) 828-5322

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